



ORLANDO HEALTH

South Seminole Hospital, Longwood

South Seminole Hospital is part of Orlando Health, a \$3.8 billion not-for-profit healthcare system with eight wholly-owned or affiliated hospitals, an extensive physician practice network, and multiple care centers throughout Central Florida. The 206-bed acute care hospital was founded in 1984 and is located on State Road 434 in Longwood. South Seminole Hospital serves more than 45,000 patients each year through both its inpatient and outpatient facilities, and the 36-bed emergency department sees more than 30,000 patients annually.

South Seminole Hospital features an outpatient rehabilitation clinic, which provides enhanced treatment options and greater patient comfort. This facility, located next to the hospital, offers sports medicine therapies that serve everyone from professional players to weekend athletes. In addition, patients will benefit from a full range of rehabilitation services that include physical therapy for improved mobility, occupational therapy for improved activities of daily life, and speech language

pathology for speech impairments and cognitive memory issues. The clinic features all-new, state-of-the-art treatment equipment, like the AlterG® Anti-Gravity Treadmill that provides unweighted therapy to patients recovering from injuries, surgeries, or balance or neurological disorders.

South Seminole Hospital is also home to Orlando Health Behavioral Health, an 80-bed inpatient facility for patients needing comprehensive care for mental health issues. The hospital also serves as one of Orlando Health's three air care team helicopter bases, allowing for direct transport of critically ill or injured patients to the region's only level one trauma center at Orlando Health's Orlando Regional Medical Center, where patients can receive the highest level of emergency care available.

Other services at South Seminole Hospital include the following:

- 24-hour emergency care, with a dedicated area for minor emergencies
- Advanced diagnostics
- Cancer services (located in Lake Mary)
- Endoscopy

- Laboratory and pathology
- Orthopedics and sports medicine
- Outpatient care, including same-day surgery
- Pulmonary critical care
- Radiology and diagnostic imaging
- Rehabilitation and physical medicine
- Spiritual care
- Urology
- Women's imaging center with digital mammography
- Women's services
- Wound care and hyperbaric medicine.

South Seminole Hospital recently opened an emergency room and medical pavilion on the corner of Rinehart Road and Manderley Run in Lake Mary. The new ER includes 24 patient beds, a lab, an imaging department, ambulance bays, and a helipad, and is staffed by physicians board-certified in emergency medicine and a highly skilled clinical team. The nearby medical office building is 60,000 square feet of space that includes physician practices specializing in orthopedics, cardiology, pediatrics and more, as well as a variety of healthcare services, such as an ambulatory surgical center, outpatient imaging and lab services, and a retail pharmacy. Long-term plans for the site include an acute-care hospital and additional medical office space.



WHOLE-PERSON CARE

Altamonte Springs & Lake Mary, Florida



Earlier this year, Florida Hospital officially became AdventHealth. And with a new name comes a renewed focus on whole-person care.

Advent signals the arrival of something or someone of great significance. Rooted in Central Florida back in 1908, AdventHealth remains true to the healing tradition of treating the whole person – mind, body and spirit.

This commitment is one of the reasons why AdventHealth is recognized as the No. 1 hospital in Florida and ranked in seven specialties by U.S. News & World Report in 2019–2020.

In Seminole County, one of the fastest-growing areas of Central Florida, the system continues to expand to serve the needs of the community. In addition to the 398-bed acute-care hospital in Altamonte Springs and a Lake Mary ER, a second free-standing ER in Oviedo opened in the fall of 2019.

AdventHealth Altamonte offers a full suite of services and departments, including:

- An emergency department
- The Heartburn and Reflux Center, a unique medical and surgical partnership

that works to diagnose and treat GERD, based on individual needs

- The Spine Health Institute, led by internationally renowned spine surgeon Dr. Chetan Patel
- Women's health services, including a Breast Imaging Center of Excellence recognized by the American College of Radiology
- The Cancer Institute, the only facility in Seminole County utilizing TrueBeam technology, delivering more precise and effective radiation for cancer treatments
- A Multidisciplinary Breast Cancer Clinic that provides world-class evaluation and care for patients with diagnosed breast malignancies, bringing together physicians from multiple specialties to provide the full range of medical and surgical therapies in a one-stop location for breast cancer care.
 - AdventHealth Altamonte is the first in Seminole County to offer intraoperative radiation therapy (IORT).
 - IORT delivers a single dose of radiation to the lumpectomy cavity to eradicate any microscopic cancer

cells not removed at the time of surgery.

- This targeted approach means IORT patients do not need to undergo the standard six to eight weeks of radiation treatments. IORT also reduces the risk of damage to nearby healthy tissue, including the heart and lungs, and helps reduce potential side effects that are more common with whole-breast irradiation.
- Minimally invasive and robotic surgery: AdventHealth Altamonte was the first hospital in Seminole County to utilize robotic technology: the da Vinci® Si Surgical System
- Cardiovascular care with three catheterization labs and interventional radiology
- The Baby Place at Altamonte strongly supports a personalized birth experience with specialized training and equipment for natural labor and includes the only Level II NICU in Seminole County, allowing its tiniest and most vulnerable patients to get care closer to home.



CENTRAL FLORIDA

Regional Hospital, Sanford, Florida



Central Florida Regional Hospital, a 221-bed acute care hospital and Level II Trauma Center, serves residents of Seminole County, west Volusia County, and beyond. The Level II Trauma Center – verified by the American College of Surgeons – provides life-saving care to critically injured patients from a five-county area, including victims of motor vehicle accidents, falls, and penetrating wounds.

The only full-service cardiovascular program in Seminole and west Volusia counties, Central Florida Regional Hospital offers open-heart surgery, interventional cardiology, electrophysiology, cardiac rehabilitation, and comprehensive diagnostic services. Central Florida Regional Hospital is an Accredited Chest Pain Center with PCI from the American College of Cardiology and Joint Commission Certified Advanced Primary Stroke Center. In 2019, Central Florida Regional Hospital obtained the Watchman technology for atrial fibrillation patients and also started offering transcatheter aortic valve replacements.

Central Florida Regional Hospital's surgical services include general surgery, orthopedics, neurosurgery, cardiac and thoracic surgery, plastic surgery, ENT, obstetrics and gynecology, podiatry, urology, and vascular surgery. Minimally invasive treatment alternatives are available for many patients, including robotic surgery for gynecology, general surgery, thoracic surgery, and urology.

Central Florida Regional Hospital also offers advanced technology for early detection and treatment of lung cancer, leading to better outcomes through minimally invasive treatment. In addition, Central Florida Regional Hospital vascular services provide the most current treatment options for a wide range of vascular and endovascular diagnoses, including carotid artery disease, peripheral arterial disease, and abdominal aortic aneurysms.

The Rehabilitation Center at Central Florida Regional Hospital provides acute inpatient medical rehabilitation for patients with complex conditions such as stroke, spinal cord injury, amputations, or brain injury. The

Rehabilitation Center helps patients minimize physical or cognitive disabilities and gain greater independence after illness, injury, or surgery. It has 13 large private rooms, a physical therapy gym, independent living suites, and 24-hour immediate access to all hospital services. The Rehabilitation Center earned the highest level of accreditation awarded by the Commission on Accreditation of Rehabilitation Facilities.

In addition to emergency services provided at its main campus in Sanford, Heathrow ER on International Parkway opened in February 2019. The freestanding emergency department has a doctor onsite 24/7 and provides emergency care to northwest Seminole County and surrounding areas. The new ER features 12 private patient care rooms, a dedicated trauma room, outpatient laboratory services, and diagnostic imaging, including CT scan, ultrasound, and x-ray.

For more information on Central Florida Regional Hospital, please visit CentralFloridaRegional.com. For average ER wait times text ER to 32222.